

Julian Meeting Monday 17th August 2020 at 7.25 – 8.05pm

Another month has flown by and next Monday is the 3rd of the month, our 'week late' Julian meeting evening so I offer another chance for us to join together in prayer at the same time.

Meeting

We gather at 7.25 to light a candle and settle ourselves to pray, sitting upright with both feet on the floor. We circle our shoulders and neck to release tension, take a few deep breaths and settle ourselves ready to pray in contemplation.

'Come Holy Spirit, fill the hearts of your faithful people and kindle in us the fire of your love. Send forth your Spirit and we will be created, and you will renew the face of the earth.'

A Poem from the August Julian Magazine

How?

How shall we sing the Lord's songs
in a strange land? The old rhythms,
the melodies of praise, strangle
in our throats and the words
fall to the ground like leaves in autumn.
The air feels thick with suspicion and doubt
and who's to say, any more,
what is true enough to last, to prevail?

Isolation feels like a punishment
for offences we never enacted.

Let us trust, now, the ground under
our feet – that which has proven steady
for generations. Look up. the heavens
are still there, unclouded, beatific.
We breathe, even though masks clothe
our faces. prayer surrounds us, close
as our skin, weaving for us garments of
trust and solace. Even in our isolation
we are joined in love, never alone.

Luci Shaw.

Collect for the 10th Sunday after Trinity

Lord of heaven and earth,
as Jesus taught his disciples
to be persistent in prayer,
give us patience and courage
never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

Amen.

Rejoicing in God's new creation, let us pray with confidence as our Saviour has taught us.
Our Father.....

We say 'The Grace'

Amen.

Time for tea/coffee or something stronger!
Thank you for this time to 'togetherness' in isolation!

Love Sue

Extra! Another beginning for a quiet time from the August Julian Newsletter

A deeper Step

Step away
to a quiet place
a place where you and
I can sit together and
be at one with each other.

A space where you can enter
into a deeper place
a deeper step than
you have ever taken before.
Spend time with Me and
Learn from Me

Mary-Joan Lloyd